



Skin Evaluation Form

Name _____ Date _____

Welcome!

Our goal is to deliver the most pleasurable spa experiences... In order to customize your experience and assure your satisfaction and safety, please complete the questions below. The Spa's professional team will deliver the best spa experience possible and fulfill all your needs.

Email _____

Address _____

Sex: M / F City: _____

State _____ Zip Code _____

Home: () Work: ()

Cell: ()

Date of Birth _____ Age _____

Emergency Contact: _____

Phone #: ()

Allergies _____

How did you hear about us?

Please put a check mark next to the procedures about which you would like to receive more information:

- Acne Treatment___
- Wrinkle Prevention___
- Facial Redness___
- Enhanced Skin Rejuvenation___
- Warts, Skin tag, Skin Growth Removal___
- Skin Toning or Pore Size Reduction___
- Brown Spots/Sun Damage___
- Seborrheic Keratosis___
- Broken Capillaries___
- Spray Tanning___

Please put a check mark next to a past/current medical condition

MEDICAL HISTORY

- Lupus or other auto-immune deficiency___
- Recent Pregnancy___
- Bleeding abnormalities___
- Treatment with Accutane___
- Keloid or very thick scarring___
- Psoriasis or Vitiligo___
- Pulmonary embolism/blood clot___
- Leg ulcer or Phlebitis___
- Blood thinning medication___
- Rheumatoid Arthritis "Gold" Therapy___
- Chemical Peels, Dermabrasion, laser Resurfacing or Face Lift___
- Herpes simplex or fever blister___
- Diabetes___
- Epilepsy___
- Scars that turn white or brown___
- Dark spots after pregnancy/injury___
- HIV/AIDS___
- Hepatitis___
- Waxing/Plucking/Electrolysis___
- Transplant Anti-Rejection Drugs___
- Cystic Acne___

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Please answer the following:

-You skin type is: Dry () Normal/Combination () Oily () Acne Prone () Sensitive () Rosaceous Prone ()

-Do you have a history of any of the following?

Skin Disease () Cold Sores/Herpes on face () Skin Allergies () Eczema () Other ()

Explain: _____

-List all allergies: _____

-Have you used an Alpha Hydroxy or Salicylic Acid Products? YES () NO ()

-Do you use?: Retin-A () Differin () Azelex () Renova () Tazarac ()

If yes, when was the last time you used this?

-What brand(s) of cosmetic products do you currently use most?

-Have you had previous face peels? YES () NO ()

If yes, when? What type?

-Have you ever used Accutane? YES () NO ()

If yes, when?

-Are you pregnant or actively trying to become pregnant? YES () NO ()

-Do you have any other areas you would like to treat? (Ex: hands, chest, neck, etc.)

Please Explain:

-Do you use sunscreen? Daily () Occasional () Only for Outdoor Use () Face SPF () # Body SPF () #

-Please list your current at home skincare regimen:

-Please list any medications or herbal supplements that you are currently taking:

What are some of your main Body Skin concerns?

-Muscle Tension___ -Stress___ -Discomfort___

-Dry Skin___ -Oily Skin___ -Cellulite___

-Sunburned___ -Arthritis___ -Loss of Elasticity & Firmness___

-Dehydration___ -Circulation___

Desired Massage Pressure: Light___ Medium___ Firm___

Deep Tissue___

Patient Signature:

Date: _____
